

eliminating racism  
empowering women

**ywca**

Greater Austin

Serving Central Texas Since 1907



**2022**

**YWCA Greater Austin Annual Report**

## Dear Central Texas Community,

Thank you for your continued support. All that we are, we owe to our interns, volunteers, community, and funding partners who have invested their time and resources to enable us to serve our community. Your generosity helped many families sustain and stabilize in a year that challenged our beliefs and forced us to confront our worldviews.

Today we find ourselves still facing a cultural reckoning and we are still fighting it. We are committed to continue to fight.

### #TogetherWeMakeHistory

We are deeply grateful to our interns, volunteers, community, and funding partners who have invested their time and we are excited to deepen our work with historically excluded communities in areas of mental health, care coordination and education. As we build our community informed frameworks and support services, our priorities include: Reproductive Rights, Trans Rights, Education Reform, Voter Voice and Gun Reform. We imagine a future of intergenerational healing, systemic justice, and collective liberation.

*Mil Gracias,*

**Naya Diaz**  
**Executive Director**



## 2022 Board of Directors



# FROM OUR BOARD CO-CHAIRS

## Beloved Community,

This has been a challenging year. It's hard to see rights that generations before have fought for be taken away from us. For over 100 years, the YWCA Greater Austin has worked unceasingly to serve the needs of our community, and we will continue to do so.

This time in history calls for strengthened efforts; in 2022 we joined hands with our sister YWCAs across the state of Texas, all serving their local communities, to advocate for the livelihood of all Texans. It is not only an honor to have you join the sisterhood in this fight, but also to have your support in serving our Central Texas community with lifechanging services.

**Thank you.**



**Kali Adams**

Homelessness Programs Specialist  
Co-Chair



**Laura Razo**

Job Placement Manager  
Co-Chair

# **YWCA GREATER AUSTIN**

## **STRATEGIC FOCUS AREAS**

**COUNSELING REFERRAL CENTER**  
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**BUILDING CAPACITY FOR SOCIAL**  
**CHANGE**

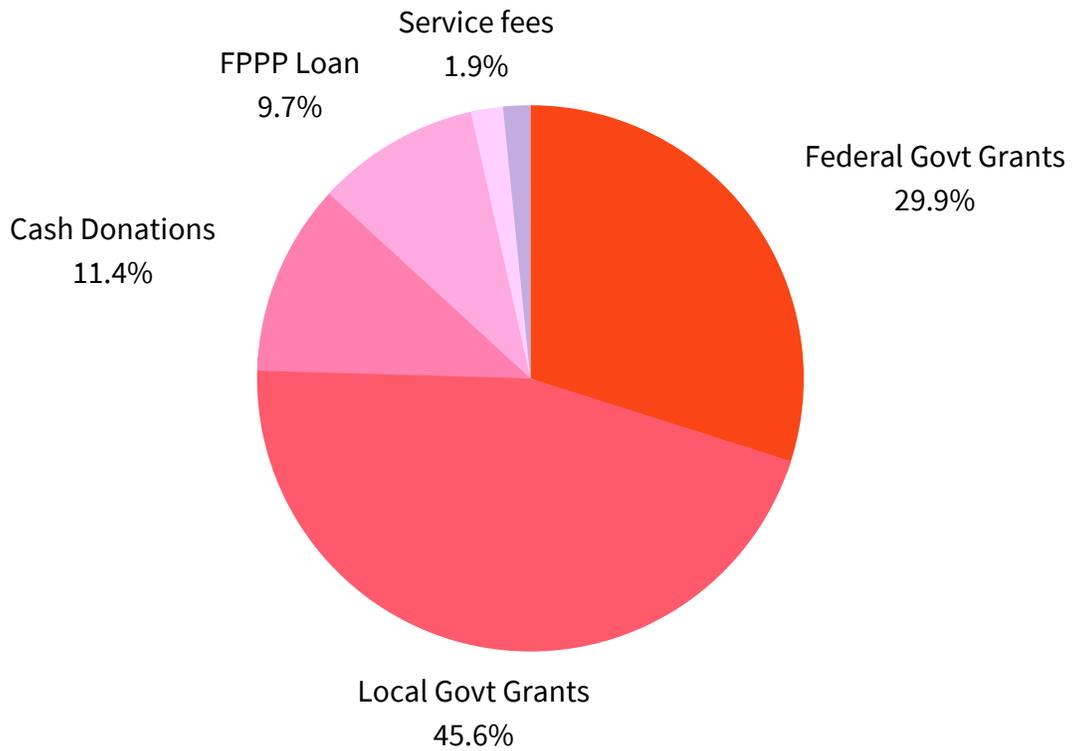
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**WARMLINE**  
**AUSTIN TALKS, WE LISTEN**

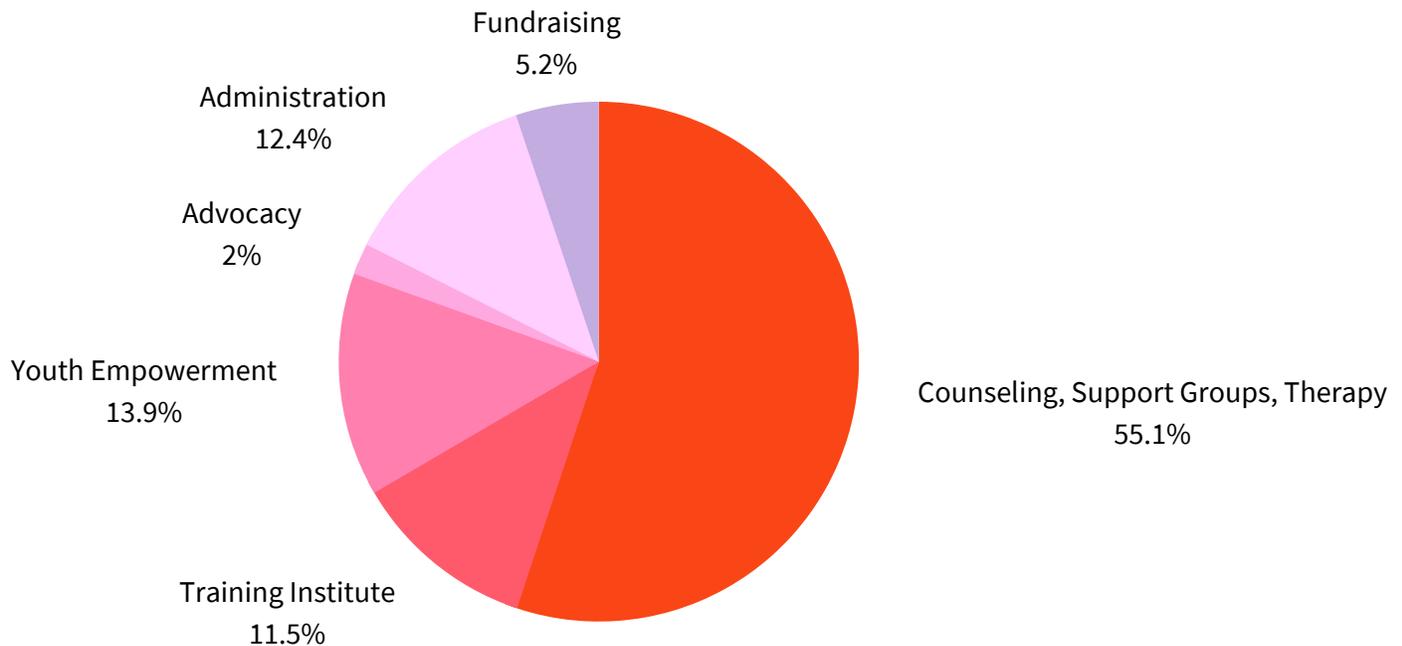
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# INVESTING IN THE MISSION

Where the \$\$ Comes from:



Where the \$\$ Goes to:



# COUNSELING REFERRAL CENTER

## MENTAL HEALTH ACCESS FOR ALL

YWCA Greater Austin Counseling and Referral Center (YWCRC) serves the community by offering trauma-informed, multi-lingual, multicultural services for individuals, couples, families, youth and groups. Services provided include mental health therapy and support, consultation referrals to Care Coordination, life skills and personal empowerment programs, and professional development training.



# **COUNSELING REFERRAL CENTER**

## **MENTAL HEALTH ACCESS FOR ALL**

Texas is home to more than 175,000 female veterans, with more than 6,000 of those in the greater Austin area alone. The YWCA Greater Austin mission offers comprehensive support to female veterans and their families through our individual, couples, and family counseling services that are focused on building connections, coping with trauma, and improving relationships.

Our clients often reach out to us at the worst moments, in crisis, when they are without hope and direction. Through the work we do, we can transform individuals and families to help female veterans recognize they have a life worth living.



# **86%**

**OF CLIENTS REPORTED  
IMPROVEMENT IN  
MENTAL HEALTH**

# GENYW

## EMPOWERING THE NEXT GENERATION

Successfully serving youth since 1996 with TCADA, and later DSHS funding, GenYW has worked to serve youth in Central Texas through strong community ties, collaborations and partnerships.

Programming consists of weekly curriculum-based educational groups during school hours that work toward increasing youth resiliency, expanding knowledge about the personal and cultural consequences, and increasing feelings of empowerment and community connectedness. Currently, in collaboration with Communities In Schools, weekly groups are targeted to Austin Independent School District campuses and work toward improving the youth's relationships to their school and community, as well as building their resiliency skills.



**GENYW**

## **EMPOWERING THE NEXT GENERATION**

GenYW provides STEM (science, technology, engineering, and math) groups through AISD. STEM groups are a 6-week program for girls in grades 3rd - 8th to explore STEM learning, participate in socio-emotional growth activities, build confidence and connection, and innovate. We utilize science and technology tasks while building social-emotional skills and making fun memories and connections. Through this program, we foster a love for science in young women in Texas and share this opportunity with families who are open to enriching their lives and broadening their interest and understanding of STEM within their home.

STEM teaches critical thinking and innovation. The focus on logical thought processes and problem-solving allows students to develop mental habits that will help them succeed in any field. STEM coursework challenges students to think critically and come up with their own solutions.

# **169**

**STUDENTS SERVED  
THROUGH STEM**

**145** students had no previous computer science experience.

**160** students expressed interest in pursuing computer science further.

# CARE COORDINATION

## ADVOCACY, CONNECTION & COLLABORATION

Care Coordination at YWCA Greater Austin is a trauma-informed holistic program dedicated to assisting clients in eliminating barriers to accessing the services they need. Care Coordinators recognize and acknowledge systemic and institutional challenges in order to restore a client's sense of dignity. Through Care Coordination, we assess needs and goals and work collaboratively with the on-site therapist, external resources, support systems, and community organizations to provide effective comprehensive care.

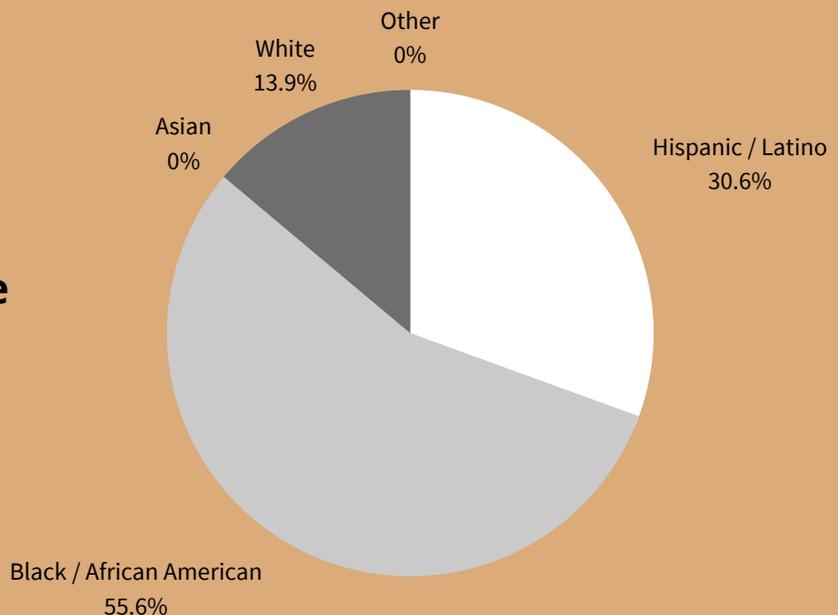


# CARE COORDINATION ADVOCACY, CONNECTION & COLLABORATION

Includes short-term/limited case management and the provision of short-term, emergency financial assistance to help families in crisis access childcare, along with life skills classes.

- **36** children were afforded an estimated **30,461** hours of childcare, allowing **22** families to work towards building a secure financial future for themselves (this decrease is a result of inflation due to Covid-19)
- **279** case management clients - almost **18%** increase from 2021
- **61%** of children served reported homeless / near-homeless / homeless due to fleeing Domestic Violence
- **100%** of clients were below 30% of the median household income

**Bridge Clients by Race**



# **VOLUNTEER & TRAINING INSTITUTE**

## **BUILDING CAPACITY FOR SOCIAL CHANGE**

YWCA Greater Austin is committed to implementing racial and social justice programming in our daily work. The Training Institute provides a space for education, personal growth, and professional development that builds capacity for social change. Offering educational and informative presentations by mental health professionals, social workers, educators, school counselors, youth workers, nationally-known speakers, and others working in social service organizations, provides the opportunity to disseminate new ideas on racial justice and equity in our communities.

The Training Institute includes the provision of continuing education units for licensed professionals, as well as personalized organizational training for community entities seeking to address equity issues in their work.

YWCA Greater Austin's Training Institute is a regionally recognized training site for students completing their licensure requirements in social work and counseling.

A young woman with long, curly brown hair is standing against a plain white background. She is wearing a black sleeveless top and dark jeans. She is holding a white rectangular sign in front of her chest with both hands. The sign has the words "USE YOUR VOICE" written on it in a bold, black, sans-serif font, arranged in three lines. She is looking slightly to her right with a neutral expression.

USE  
YOUR  
VOICE

# **WARMLINE**

## **AUSTIN TALKS, WE LISTEN**

In an effort to alleviate the stressors and isolation created by Covid-19, YWCA Greater Austin provides a Warmline to assist people who may want to speak with someone to feel connected. The Warmline is staffed by volunteer mental health professionals and peers with shared experiences that have been trained in providing emotional support and assistance.

The Warmline is for people with emerging non-emergency thoughts and feelings that have arisen or have been exacerbated by the current health crisis and who may benefit from receiving emotional support and a space for connection. YWCA understands that connection to others and emotional support are basic human needs and help to cope in difficult situations. The Warmline is designed to prevent a mental health crisis.

# **186**

## **WARMLINE CALLS**

# WARMLINE

## AUSTIN TALKS, WE LISTEN

In 2022, YWCA Greater Austin Warmline callers reported feelings of loneliness, anxiety, and worries about relationship conflicts. Callers shared life stressors and concerns about money and housing. Agency staff, interns, and volunteers responded to each of these calls with compassion and understanding. Many callers ended the phone call reporting improvement in mood with feelings of hope, safety, validation, and gratitude.

“I want to say thank you for creating this service. It is wonderful to know this service exists for the people in our community that need help.”



# MISSION IN ACTION



eliminating racism  
empowering women  
**ywca**  
Greater Austin

## MONTHLY DIALOGUES

on Issues of Racism & Discrimination  
Last Friday each Month

eliminating racism  
empowering women  
**ywca**  
Greater Austin

## CONNECT. HEAL. LEARN.

Interviews with Subject Matter Experts  
2nd Friday each Month

# THE WISDOM OF TRAUMA

Can our deepest pain be a doorway to healing?  
FEATURING DR. GABOR MATÉ



# DIA DE LOS MUERTOS

## MISSION IN ACTION

YWCA Greater Austin in coordination with AVANCE-Austin, Todos Juntos Learning Center, HEB, El Buen Samaritano, St. David's Foundation, and YWCA USA wanted to **honor and amplify the voices of Women and Women of Color** during 2022's Día de Los Muertos celebration. Our Día de Los Muertos (DDL M) Community Mural Project included community ofrendas and the creation of beautiful murals by local women of color that aim to strengthen and inspire our communities.

Through our Dia de los Muertos Community Mural Project, we celebrated and honored our ancestors by continuing to fight for the rights of Women in Central Texas. A third of Austinites are Hispanic or Latinx, almost twice the United States average. This is **a community whose voices we cannot afford to miss out on.**



A piece of the mural located at Planned Parenthood on 7th street in East Austin. Next to this image is the phrase "**Joined in sisterly & intergenerational solidarity to serve Central Texas Woman & Children.**"



DIA DE LOS MUERTOS

### Community Mural Project: intergenerational solidarity



# THANK YOU FOR SUPPORTING YWCA GREATER AUSTIN

## DONORS

Thank you for giving to us.

## SPONSORS

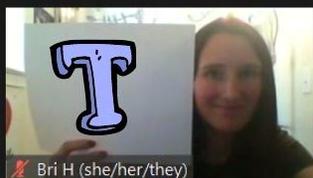
Thank you for believing in us.

## VOLUNTEERS

Thank you for working with us.

## COMMITTEE MEMBERS

Thank you for guiding us.

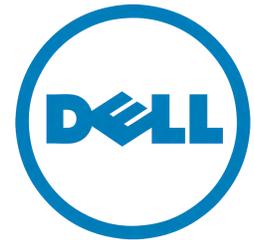


**Learn more!**  
**Check out our website!**



**<https://ywcaAustin.org/>**

# TOGETHER WE MAKE HISTORY.



foundation<sup>43</sup>

BY  chubbies



AUSTIN OAKS HOSPITAL



Helping Here.



Planned Parenthood of Greater Texas



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Greater Austin



Amplify Austin Day