

YWCA Greater Austin

2016 Annual Report

**eliminating racism
empowering women**

ywca

Health and Safety of Women and Girls

YW Counseling and Referral Center



Provides free or affordable individual or group mental health counseling.

- ~9600 counseling hours
- 142 counseling groups
- 1207 families served
- 100% report improvements

"I have a new way of seeing the way my children, even as adults, still are in the circle of security. Thank you for opening my mind to a way of parenting that is useful and helpful for everyone." - G.W.



Provides life skills classes to at-risk teens to help them avoid the cycle of substance abuse (alcohol, tobacco and other drugs - ATOD).

- 221 teens in classes
- 211 teens in prevention counseling
- 344 teens in other prevention activities
- 468 teens attended ATOD presentations

"Thanks for everything. I feel like you understand me and find ways to help me so I can be successful in school. I really appreciate that." - Ana, 9th Grade

Economic Empowerment & Advancement of Women

Gateway Program

The point of entry into YWCA Greater Austin Services. It includes reception as well as Bridge short-term child-care subsidies available to families in crisis to enable the procurement of employment and long-term self-sufficiency.



- 95 children were placed in childcare
- 58 families received childcare subsidies
- ~4600 intakes/referrals a year

Thank you again for all that you guys do for our single moms! We don't know what we would do without y'all! - Foundation for the Homeless Caseworker

Racial Justice & Civil Rights

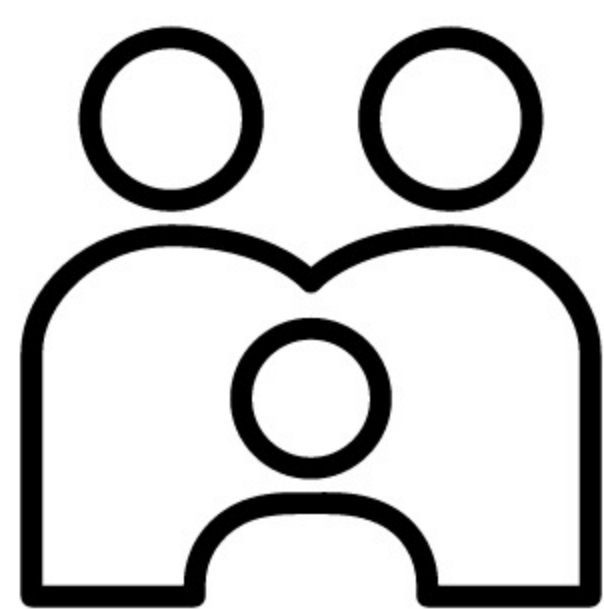


- 20 dialogues on Issues of Racism and Discrimination
- 29 trainings in-house
- 8 off-site capacity building trainings
- 333 participants
- 25 clinical interns and volunteer placements
- 19 professional consultation groups

YW Training Institute

A premiere regional training center that builds knowledge, skills and capacity to address the root causes of race and gender based inequities in new clinicians and the community-at-large.

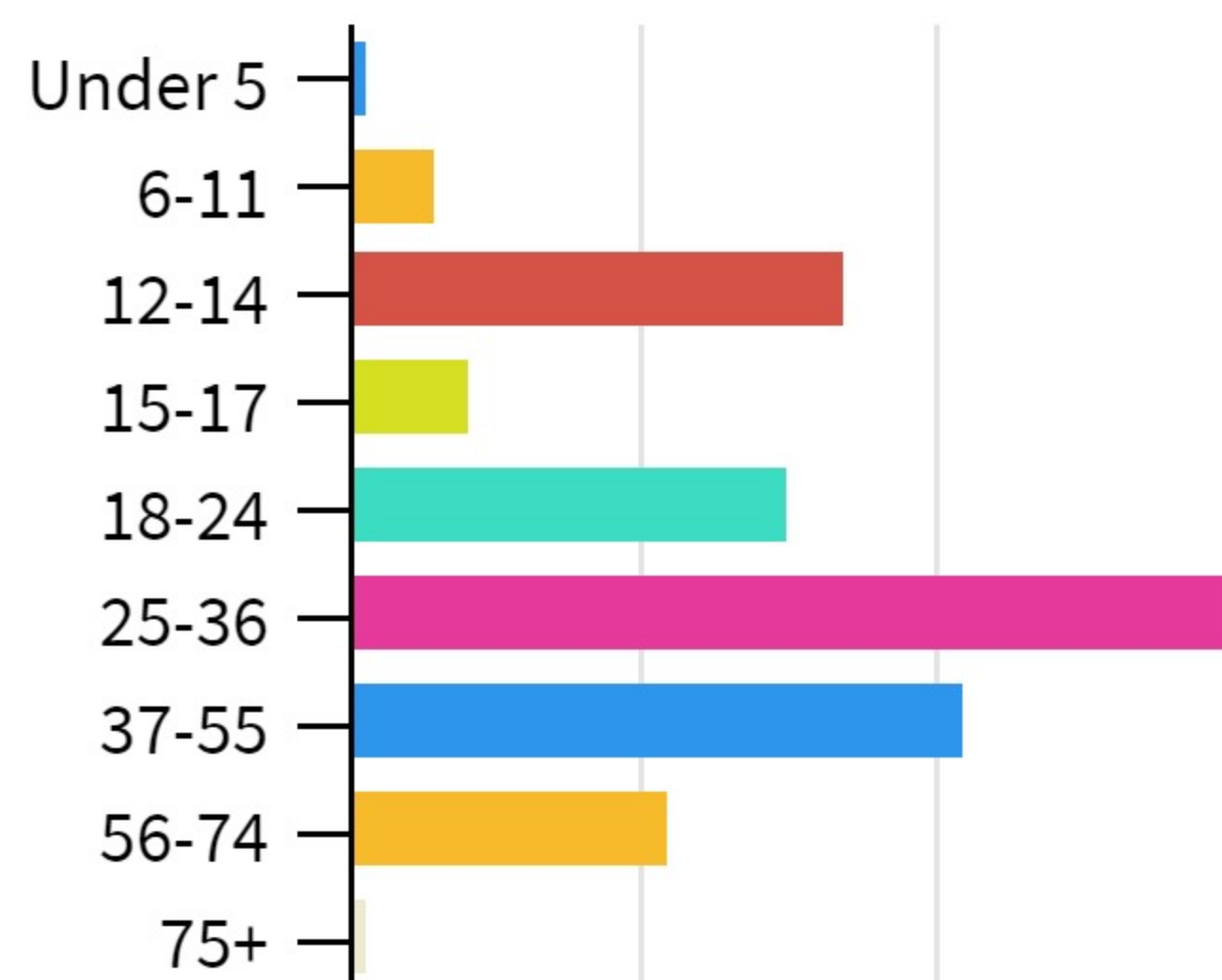
"I am continually impressed with the wide selection of innovative workshops that the YWCA Greater Austin offers. The discussions with other therapists are rich with diverse views and encourage me to think in new ways." - Rebecca Lincoln, LPC Certified Hakomi Teacher



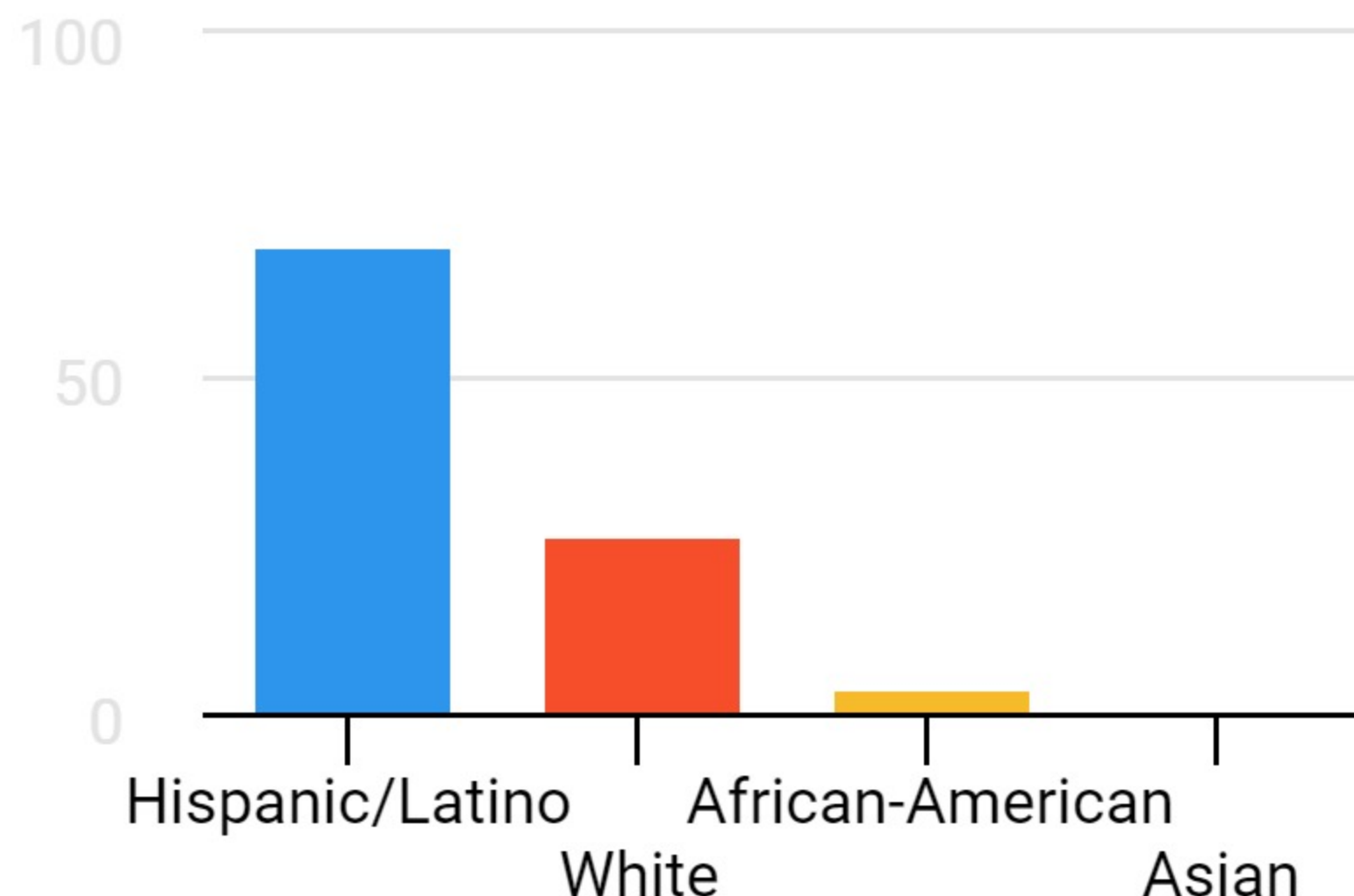
OUR CLIENTS

- 98% are low income
- 100% have experienced some degree of trauma
- Veteran women and victims of crime receive free assistance

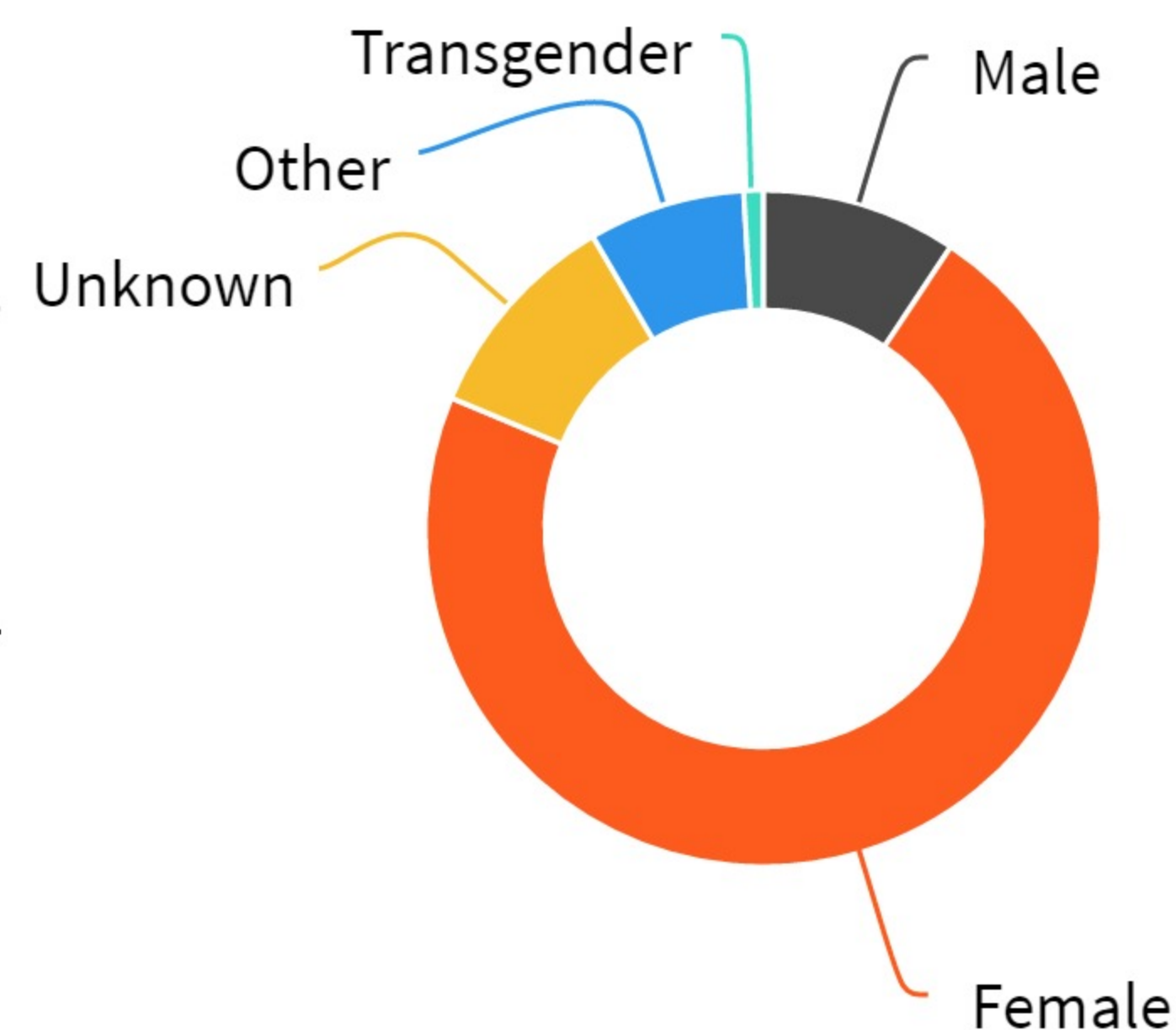
AGE



ETHNICITY



GENDER



DONATIONS



- \$10 allows 1 individual to participate in one psychoeducation/group therapy session.
- \$25 allows 1 woman, child or family to participate in one counseling session
- \$75 allows at least 10 people to participate in a 1-hour training
- \$100 allows 10 women the opportunity to participate in group therapy
- \$150 allows 1 teen to participate in 10 life skills classes
- \$250 allows one women, child or family access 10 counseling sessions



2016 FEATURED COMMUNITY SUPPORTER

IBM has been a longstanding partner with YWCA Greater Austin since 2010. IBM has provided over \$10,000 cash and in-kind assistance to enrich and expand our services. From 2013-2016 IBM's donor choice Employee Charitable Contributions Campaign exceeded \$2,000. In 2016 YWCA Board Member and IBM Vice President, Systems Service Line Engineering, Tara Sims facilitated surplus store donations from IBM to help the YWCA Greater Austin replace items stolen during the 2016 Thanksgiving Burglary.



2016 Board of Directors



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